Freestyle Horsemanship Level 2 Goals

Stable Management:

• Tv	ing
- 7	☐ Ability to use cross ties and/or tie to post by wrapping lead rope
• Gr	ooming
	☐ Ability to groom independently, including picking hooves
• Ta	cking up
	☐ Tack up without assistance in the style you normally ride (English -Or- Western)
	☐ Be able to explain why your horse uses specialized equipment (such as a special pad, etc.)
 Bo 	dy language
	☐ Be able to explain how horse is feeling when asked, and explain how you came to
	that conclusion based on body language
Groundwo	ork:
• Di	rect Pressure (movement via touch)
	☐ Back up
	☐ Hindquarters over
	☐ Forequarters across
• Ind	direct Pressure (movement via body language / whip without touch)
	☐ Back up
	☐ Hindquarters over
	☐ Forequarters across

•	Gaits and Movement
	☐ Know and be able to name the 5 natural gaits of the horse
Riding	g:
•	Mounting
	☐ From right side using a mounting block (with assistance)
	☐ Stand calmly once mounted without assistance
	☐ Correct if horse walks off
	☐ Emergency dismount both sides from halt
•	Position & Balance
	☐ 2 point position at walk and trot
	☐ Posting trot on lunge line / managed straight line
	☐ Comfortable sitting the trot for short distances
•	Steering & Aids
	☐ Halt without use of reins
	☐ Direct rein turn
	☐ Back up
	☐ One rein halt from the walk (emergency stop)
•	Neutral Sweet Spot
	☐ In movement on the circle
	☐ Understand and be able to explain the concept of a moving sweet spot
	☐ Consistent release of pressure with improved timing
•	Consideration for the horse
	☐ Immediately run up stirrups and loosen girth after riding

	Cool down properly after each ride, giving the horse time to return to a normal
	temperature, respiratory rate and heart rate
· ·	tration towards, or lack of empathy for the horse will result in immediate failure to
pass this level	
*Showing frus pass this level	tration towards, or lack of empathy for the horse will result in immediate failure t